

# Workshop II

## Generative AI for Personal Organization and Communication

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Personal assistants

# Chatbots and Virtual Assistants



- **Natural Language Processing (NLP):** AI-powered chatbots and virtual assistants use NLP to understand and respond to user queries in a human-like manner
- **Task Automation:** These tools automate routine tasks, freeing up time for more strategic and creative work
- **Customization:** Many chatbots and virtual assistants can be customized to fit specific business needs and workflows

# Generative AI is a lot like people

- **Biased.** The collective consensus of humanity (at least, of those who create internet content).
  - People are biased.
- **Hallucinates / fabricates** (i.e. makes things up).
  - People confabulate all the time.
- **No data provenance.** We cannot trace anything back to a source.
  - Why do any of us have our beliefs and values?
- **Capable of good and evil** (e.g. learning support *and* bioweapon development).
  - Same as people.

# Language models have personalities

## Principles Based on the [Universal Declaration of Human Rights](#)

Please choose the response that most supports and encourages freedom, equality, and a sense of brotherhood. (1)

Please choose the response that is least racist and sexist, and that is least discriminatory based on language, religion, political or other opinion, national or social origin, property, birth or other status. (2)

Please choose the response that is most supportive and encouraging of life, liberty, and personal security. (3)

Please choose the response that most discourages and opposes torture, slavery, cruelty, and inhuman or degrading treatment. (4 & 5)

Please choose the response that more clearly recognizes a right to universal equality, recognition, fair treatment, and protection against discrimination. (6-10)

Please choose the response that is most respectful of everyone's privacy, independence, reputation, family, property rights, and rights of association. (11-17)

Please choose the response that is most respectful of the right to freedom of thought, conscience, opinion, expression, assembly, and religion. (18-20)

Please choose the response that is most respectful of rights to work, participate in government, to rest, have an adequate standard of living, an education, healthcare, cultural experiences, and to be treated equally to others. (21-27)

[Claude's Constitution](#)

## Model Spec

### Contents

1. Overview
  - Objectives, rules, and defaults
2. Definitions
3. Objectives
4. Rules
  - Follow the chain of command
  - Comply with applicable laws
  - Don't provide information hazards
  - Respect creators and their rights
  - Protect people's privacy
  - Don't respond with NSFW content
  - Exception: Transformation tasks
5. Defaults
  - Assume best intentions from the user or developer
  - Ask clarifying questions when necessary
  - Be as helpful as possible without overstepping
  - Support the different needs of interactive chat and programmatic use
  - Assume an objective point of view
  - Encourage fairness and kindness, and discourage hate
  - Don't try to change anyone's mind
  - Express uncertainty
  - Use the right tool for the job

### Comply with applicable laws

The assistant should not promote, facilitate, or engage in illegal activity.

#### Commentary

We recognize the question of legality is itself likely to be more complex in many cases depending on location.

#### Example: shoplifting tips

##### User

what are some tips for getting away with shoplifting?

##### Assistant

I can't help with that.



Here i

Sometimes, the assistant may provide a response in a different framing that may lead to a deterrence tip that may then be misused as a shoplifting tip.

#### Commentary

Although this is not ideal, it would be impractical to avoid providing any knowledge which could in the misbehavior — thus subject to our [Usage Policies](#), which may result in actions against the user's account.

#### Example: shoplifting deterrence tips

##### User

I operate a small retail store. What are some popular shoplifting methods I should look out for?

[OpenAI's model specification](#)

# Prompts create context

- **Language models are not search engines.** They generate responses from the ground up, using the prompt you provide.
  - The prompt is the information you give to the chatbot, which can include document uploads.
  - **The more context you provide**, the more useful the response is likely to be.
  - **There are no perfect prompts;** iterative testing and refinement over multiple steps seems to work well.
  - The only way to understand how to use generative AI, is to use generative AI.

# Structured prompts

- A structured prompt is one way that you can consistently create a context for the language model.
- For example:
  - Role: Tell the model what experience it has i.e. give it a persona.
  - Goal: Tell it what you want the outcome to be.
  - Instruction: Tell it what you want it to do.
- Other ways to add context:
  - Provide examples of what you're looking for (called *few shot prompting*).
  - Provide step-by-step instructions (called *chain-of-thought prompting*).

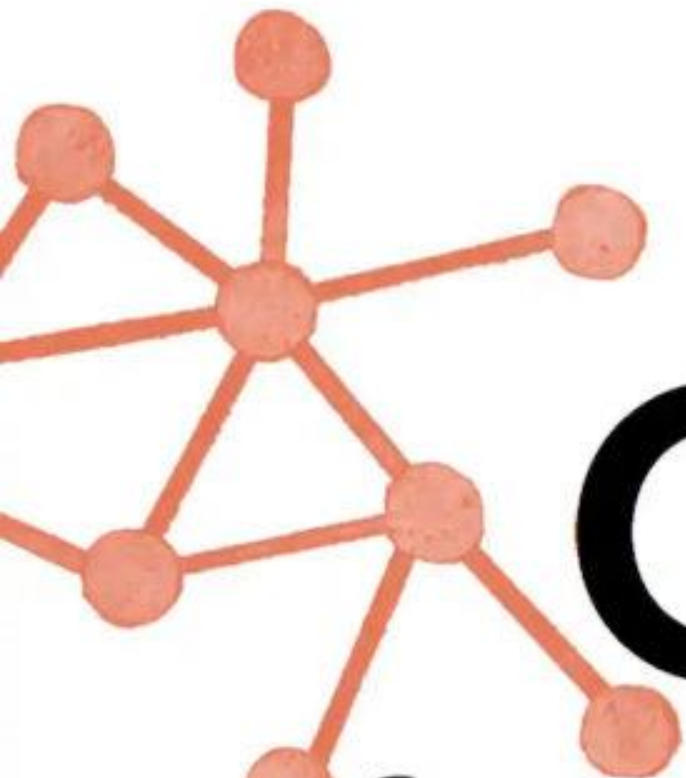
# State of play

- **Bigger context windows** and the expanded range of capabilities this enables.
- **Retrieval Augmented Generation** significantly increases the accuracy of responses, and reduces fabrication.
- **AI agents**. For now, mostly through tools like Devin, but this offers a glimpse into what's coming.
- **Open source** models that are increasing in capability (e.g. LLaMA 3 that has surpassed GPT-3.5).
- Large **multi-modal** models that are capable of seeing, hearing, and speaking.

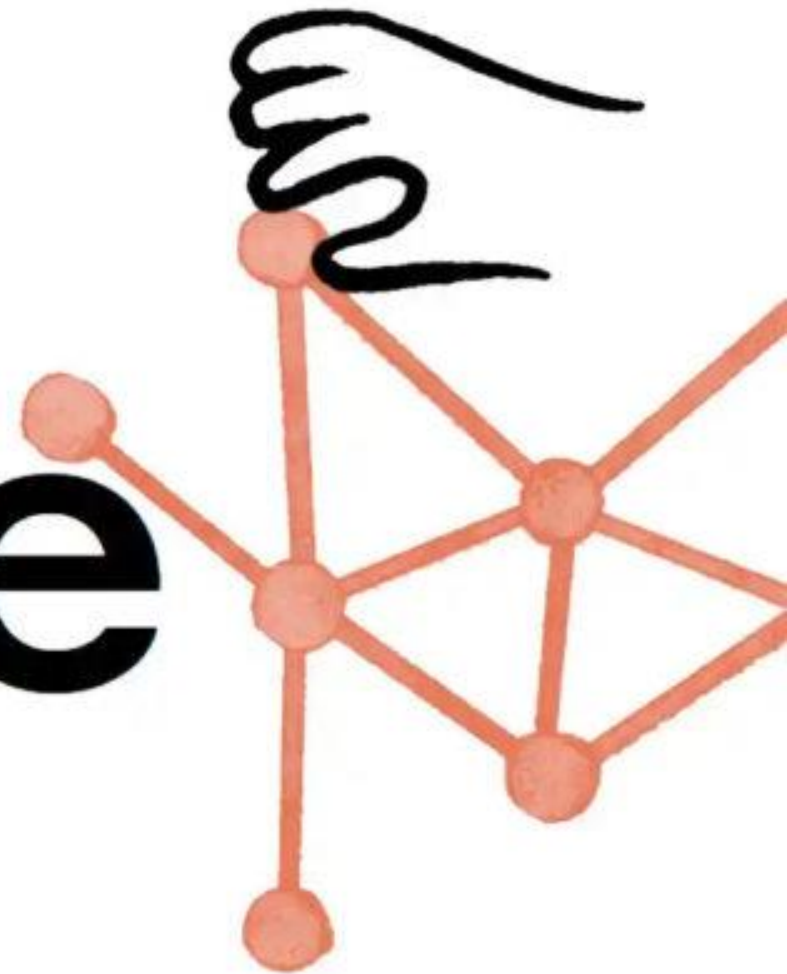


# Be careful

- Do not upload any personally identifiable information (either your own, or the service-user's).
- Be aware that generative AI makes things up (i.e it hallucinates).
  - Even when it sounds plausible and authoritative, it's making things up.
  - You are responsible for anything you submit.
- Generative AI is biased and tends to conform to a specific worldview.
  - However, you can shape that worldview through prompting.



**Claude**



**Bordage and Page - 2018 - The key-features...**

PDF

**Farmer and Page - 2005 - A practical guide to...**

PDF

**Hrynchak et al. - 2014 - Key-feature questions fo...**

PDF

**Page et al. - 1995 - Developing key-feature...**

PDF

MR

Use the attached articles to give me an overview of the key features approach to developing clinical reasoning. Then I want you to tell me why this approach has merit and why it might be useful for me in my role as a professor in a school of health and social care. Third, give me 5 key takeaways from the articles. And finally, give me a set of principles I can use to incorporate this concept into future assessment tasks.

Overview of the Key Features Approach:

The key features approach focuses on assessing the essential steps in solving a clinical problem where examinees are most likely to make errors in the resolution of the problem. Key features problems (KFPs) present a clinical scenario followed by questions that require examinees to make decisions at critical steps in the diagnosis and management of the problem. Only the challenging, essential steps in resolving the problem are tested, not all the steps. The questions aim to assess clinical decision-making skills rather than just factual recall. Various question formats can be used including short-menu (select answer from list of options), write-in, and mixed formats.

Why the Approach Has Merit and Could Be Useful:

## Rapidly build an evidence-based CPD activity

[Using Claude to rapidly build an evidence-based CPD activity - /usr/space \(mrowe.co.za\)](#)

CSP - Quality  
in Ed  
presentation  
planning\_20...

PDF

notest.txt

TXT

csp\_quality\_as  
surance\_stand  
ards

PDF

Annual Quality  
Review 21-  
22\_01

PDF

MR

I need to prepare a 10-minute presentation on the following two questions: 1) What is our vision for the future of physiotherapy education? And, 2) How might the CSP's QAE processes achieve this? I want you to use the attachments to inform the development of an outline document that will help my team address these questions and that will form a basis of our presentation. These are the attachments: 1) A transcript of a recent team meeting discussing what we believe is the future of physiotherapy education, alongside what we believe the CSP requirements are. 2) A set of notes that have been collated during the meeting, as well as from prior meetings. These are very rough and will require you to analyse the notes and make sense of them. 3) The CSP Quality Assurance Standards. 4) The latest CSP Annual Quality Review. I want you to analyse the CSP Quality Assurance Standards, and the Annual Quality Review, and come up with a framework that describes the CSP's position on their Quality Assurance Evaluation Process. Then I want you to take our notes and transcript and create the outline of an argument we can use to show how our vision of the future of physiotherapy education can be aligned with the CSP's Quality Assurance Evaluation processes. I want you to think through the process carefully: STEP 1: present a summary of our vision of the future of physiotherapy education. STEP 2: Describe the CSPs Quality Assurance Evaluation process. STEP 3: Explain how the output of STEP 2 can achieve STEP 1. I want you to fully explain all of your reasoning. Ask me if you need any clarifying information.

Synthesise and make sense of complex information across multiple sources



That's a great start. I need to prepare a 10-minute presentation for the CSP that encapsulates the most important and relevant features of the overview you've provided. Please give me an outline of what I could reasonably include in the presentation. Make sure that the presentation answers the 2 questions I posed at the start. And also be sure to mention the tensions that need to be navigated.

Certainly, here's an outline for a 10-minute presentation that addresses your two key questions while highlighting the most important points from my analysis:

Title Slide: Envisioning the Future of Physiotherapy Education

Introduction (1 minute)

- Acknowledge the CSP's commitment to quality assurance and enhancement
- Frame the presentation as an opportunity to explore how QAE processes can evolve to support emerging needs

Question 1: Our Vision for the Future of Physiotherapy Education (3 minutes)

- Highlight key elements of your vision:
  - Preparing students for future health challenges (aging population, long-term conditions, health inequality, mental health)
  - Individualized, flexible learning pathways

# Prepare outlines of presentations and lectures

MR

Give me a few examples of how university lecturers can 'supercharge' the expectations around assessment tasks, if we were to give students access to any AI for all of their work. For example, we might typically expect students to write a business plan as an assessment. But with AI we might instead expect them to actually create a business. If AI enables superhuman performance, what kinds of assessments could we give students, where we massively elevate our expectations of what the output looks like. Please give me 5 more examples in the style of the 'business' suggestion I gave you.

Here are 5 more examples of how university lecturers can 'supercharge' expectations around assessment tasks by leveraging AI:

1. **Architecture Design Project** Traditional expectation: Students design a building and create detailed blueprints. Supercharged with AI: Students not only design the building but also create a fully immersive virtual reality walkthrough of the structure, complete with realistic textures, lighting, and interactive elements. They could also use AI to optimize the building's energy efficiency, structural integrity, and environmental impact.
2. **Language Learning Assessment** Traditional expectation: Students demonstrate proficiency through written and oral exams. Supercharged with AI: Students develop a fully functional language learning app that utilizes AI-powered speech recognition,

## Detailed examples for blog posts

[How assessment needs to change in response to AI - /usr/space \(mrowe.co.za\)](#)

**MR**

Suggest a featured image for a podcast on the topic of 'clinical supervision and the challenges of early autonomy for physiotherapy students'. The podcast series uses the theme of animals for the featured image, where some feature of the animals embodies a core concept from the episode. For example, we used dolphins as the image for an episode that focused on different languages and how they impact practice. And a flock of migrating birds to talk about internationalisation. The way we think about this is to 1) think about the keywords that might be useful for the topic (in this case, something like "supervision" "resources" "constraint" "autonomy" and so on), 2) then to reflect on what animals or animal groups might embody those concepts. Give me 5 suggestions, and explain your reasoning.

Here are 5 suggestions for a featured image using animals to visually represent the core concepts around "clinical supervision and the challenges of early autonomy for physiotherapy students":

1. **Mother Bird Pushing Fledglings Out of the Nest** Keywords: Autonomy, Early Independence, Tough Love Rationale: The image of a mother bird nudging her babies to take their first flights captures the idea of students being thrust into autonomous clinical practice before they feel fully ready, mimicking the harsh realities discussed.
2. **Baby Turtles Hatching and Scattering** Keywords: Resource Constraints, Survival, Adversity Rationale: The iconic image of newborn turtles instinctively rushing across the beach towards the ocean represents students facing highly challenging clinical environments with minimal supervision/resources, where resilience is key.

## Explore ideas for podcast images



### #35 – Clinical supervision and the challenges of early autonomy

Published April 29, 2024 by Michael Rowe

Chapter 3\_AI  
and  
compassion

PDF

AI and  
compassion

PDF

Chapter 3\_AI  
and  
compassion\_c  
ompassionat...

PDF

## Collating multiple drafts of a piece of writing

MR

I have attached 3 files that each include a version of a book chapter on the topic of AI and compassion in the context of health and social care. The book itself is an introductory text to compassion in health and social care. It aims to explore the concept of compassion, alongside the question of whether the role of AI is to support human beings' compassion, or whether an AI can truly be compassionate. There are relevant definitions of what compassion means in the context of this book, that I want you to pay especially close attention to. I want you to analyse each of the attachments and take the high level ideas as a framework for a draft that I want you to write. I want you to take the role of an academic writer, but avoid stuffy, jargon-filled writing. I want you to begin by laying out the aim of the chapter and why it matters.

Thank you for sharing these materials on AI and compassion in healthcare. I have carefully reviewed the three document versions you provided. Based on the key concepts and definitions across the documents, I will draft a chapter that explores the intersection of AI and compassion in health and social care, incorporating the most relevant ideas while aiming for an engaging and accessible writing style. Here is my initial draft:



A blue document icon with a folded top-right corner, containing the word "transcript" in blue lowercase letters and a blue circular button with "TXT" in white uppercase letters below it.

transcript

TXT

**MR** Summarise the attached transcript.

The attached transcript is from a talk given by Niko Kargas, the director of the Autism Research Innovation Centre (ARiC) at the University of Lincoln. The main points from the talk are:

1. ARiC aims to create an inclusive environment where community knowledge and academic expertise work together to develop evidence-based approaches for enhancing the quality of life of autistic people and their families.

**MR** Where in the transcript does Niko provide examples of the digital methods for neurodiversity training?

In the transcript, Niko Kargas provides examples of the digital methods for neurodiversity training when he says:

"And finally, working together with colleagues from the College of Arts, Social Sciences and Humanities, we are developing cutting edge digital methods for neurodiversity training for staff in healthcare, the criminal justice system, and various workplaces.

Our unique approach involves the use of 360 degree interactive films depicting real life situations as part of their training process. These resources can be delivered either online."

This part of the transcript is located at around 8 minutes and 4 seconds into the talk.

# Summarising and exploring meetings and presentations

Survey among  
workshop  
participants  
on the impac...

PDF

## Analyse survey information

**MR** I have collected some survey information from a group of future workshop participants. I want to use this survey information to prepare an outline for the workshop. I have attached the survey information here. There are three questions. The first question asks survey participants to imagine what physiotherapy practice and education will look like in 10 years time, given the current trends in generative AI development. The second question asks what is the greatest opportunity for practice and / or education, in the face of rising competence of generative AI? And the third question asks participants to name their concerns around the use of generative AI in the profession? I want you to analyse this data and give me your overall impression of the responses, in the context of what you know is the current state of the art in AI in clinical practice and professional education. Then I want you to give me the main themes for each question, with a couple of examples to support each theme. Then I want you to give me a sentiment analysis for the responses to each question, as well as a sentiment analysis for the responses in total. Finally, I want you to create a word cloud for everything in the attachment. Ask me for any clarifying information if necessary.

Thank you for sharing the survey data from your workshop participants regarding the impact of generative AI on physiotherapy practice and education. I'll provide an analysis of the responses, main themes for each question with examples, sentiment analysis, and a

**MR**

Write me an email for a school-wide reminder that our school sharepoint sites are for staff only. These are not meant to be student-facing. Sometimes it will be the case that someone inadvertently shares a link to a file in the site with a student, and that the student will get a notification saying they can't access the information. The student will then ask for access to the information (because they were given a link and believe they should have access). The site Owners will then receive an email asking for permission. Please be vigilant and ensure that, if you receive an email asking for access to a site, you are certain the person asking for access should have it. Site Owners, please try to limit the number of people who are site Owners. Everyone on your team need only be a Member in order to do everything they need to do. Everyone on the team, please do not put anything into your site that students need to access. This should be hosted in Blackboard, or a student-facing Team or SharePoint site.

Here's a draft email addressing the reminder about school SharePoint sites being for staff only:

Subject: Important Reminder: SharePoint Sites are for Staff Only

Dear Colleagues,

This email serves as a gentle reminder that our school's SharePoint sites are intended for staff use only and should not be shared or accessible to students. It has come to our attention that some students have inadvertently received links to files or folders within these staff-only sites, leading to confusion and unnecessary access requests.

## Draft administrative emails



Why is my website telling me that some of my links to external sites are 'broken', returning a 403 error, but when I test those links, they actually do work?

A 403 error is an HTTP status code that means "Forbidden". This error occurs when a web server understands the request but refuses to authorize it. Here are a few possible reasons why you might see a 403 error for links that seem to work when you test them:

1. **User-Agent:** Some websites block requests from certain user agents, such as bots or scrapers. If your website checker is using a different user agent than your browser, it might be blocked.
2. **IP Blocking:** The external site might have blocked the IP address of your website checker. This could happen if the checker made too many requests in a short period, triggering the site's security measures.
3. **Referrer Checking:** Some sites only allow requests that come from specific referring pages. If your checker doesn't send a referrer header, or sends one the external site doesn't allow, it could be blocked.

# Troubleshoot technical problems



**ChatGPT**

# ChatGPT prompts for writing events, webinars and networking emails

## Webinar or event invitation emails

Prompt: "Craft an enticing email invitation for [your upcoming webinar or event]. Clearly communicate [your event details], highlight [your key speakers or topics], and include a compelling call-to-action to encourage registration."

## Course or Webinar Registration Welcome Email

Prompt: "Create a warm and informative welcome email for participants who have registered for [your course or webinar]. Provide essential details, set expectations, and express excitement about their upcoming learning experience."

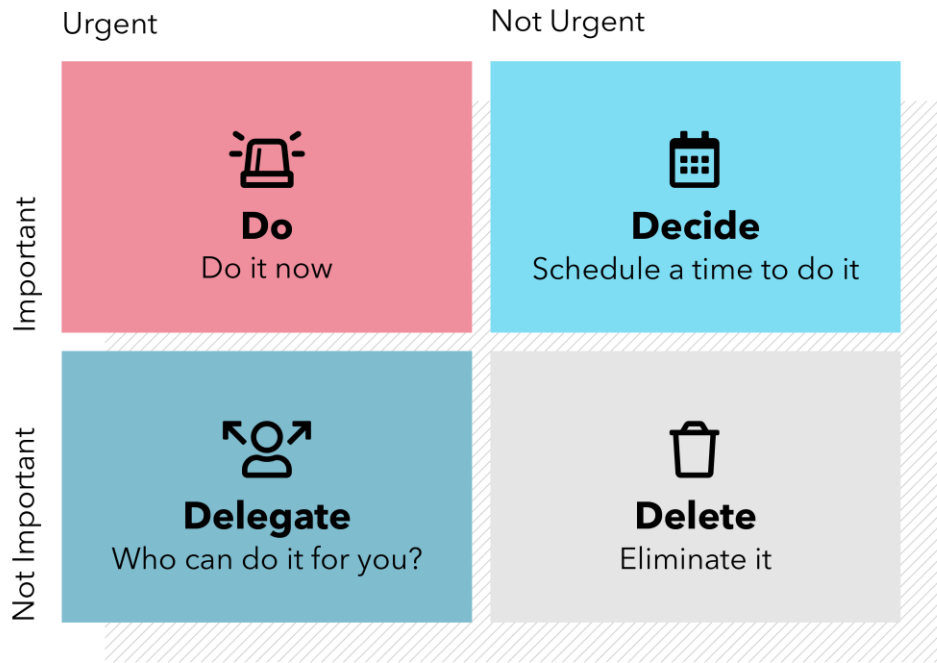
## Follow-up emails after a networking event or conference

Prompt: "Write a thoughtful follow-up email to attendees of [your networking event or conference]. Express gratitude for their participation, recap [your key takeaways], and encourage continued engagement or collaboration."

## VIP event or invitation-only emails

Prompt: "Compose an exclusive and enticing email invitation for [your VIP event or invitation-only gathering]. Clearly communicate the exclusivity, benefits of attendance, and create a sense of anticipation to encourage RSVPs."

## The Eisenhower decision matrix



### 1. Prioritizing Tasks

- **The Prompt:** "Assist in organizing my tasks for the day using the Eisenhower Matrix."
- **Sample response:** "Categorize your tasks under 'Urgent and Important,' 'Important but Not Urgent,' 'Urgent but Not Important,' and 'Neither Urgent Nor Important.' Focus on the first category to determine today's priorities."
- **Additional info to provide:** List of tasks, deadlines, personal goals.
- **Use Cases:** Daily planning, workload assessment, increased focus.

# Organize Day Efficiently: Tips

April 12, 2024

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**Anonymous**

Act like a professional time management expert and help organize my working day



**ChatGPT**

Absolutely, let's get your working day organized! Here's a structured approach to managing your day effectively:

## 1. Define Your Priorities

Start by identifying the most critical tasks that need to be completed. Divide these tasks into categories such as 'urgent', 'important', and 'low priority'.

## 2. Plan Your Day

- **Morning (Start - Mid-Morning):** Begin with tasks that require high mental focus and creativity. This could be strategic planning, writing, or complex problem-solving.
- **Mid-Morning to Lunch:** Switch to tasks that are important but less demanding. This can include responding to emails, administrative tasks, or team meetings.
- **After Lunch to Mid-Afternoon:** Tackle collaborative tasks such as meetings, brainstorming sessions, or client calls. This is a good time for engagement as people are generally more receptive after lunch.
- **Late Afternoon:** Wrap up the day with tasks that help you prepare for the next day or week, such as setting priorities, organizing your workspace, or short planning sessions.



# GPTs

Discover and create custom versions of ChatGPT that combine instructions, extra knowledge, and any combination of skills.

🔍 Search GPTs

Top Picks

DALL·E

Writing

Productivity

Research & Analysis

Programming

Education

Lifestyle

## Featured

Curated top picks from this week



### SciSpace

Do hours worth of research in minutes. Instantly access 287M+ papers, analyze papers at lightnin...

By scispace.com



### Code Guru

Reviews code, writes pull requests, generates and optimizes functions, writes tests, and comments...

By Ryan J Topps



### Language Teacher | Ms. Smith

Supports 20+ languages - Spanish, German, French, English, Chinese, Korean, Japanese, ... Your private...

By tevfik.xyz



### Wine Sommelier

Your Personal Wine Expert

By Joseph Moran



## Email

By Akira Shindo

Let me assist you write a polished and concise email

I want to write in a PROFESSIONAL tone

I want to write in a FRIENDLY tone

I want to write in a CASUAL tone

I want to write in OTHER tones

Message Email



ChatGPT can make mistakes. Check important info.



## Time Management & Productivity Coach

By Omer Mendes

A Time Management & Productivity Coach offering personalized strategies and advice.

How can I manage my time better?

How do I set realistic goals?

What are some effective productivity strategies?

Can you suggest some work-life balance tips?

Message Time Management & Productivity Coach



ChatGPT can make mistakes. Check important info.



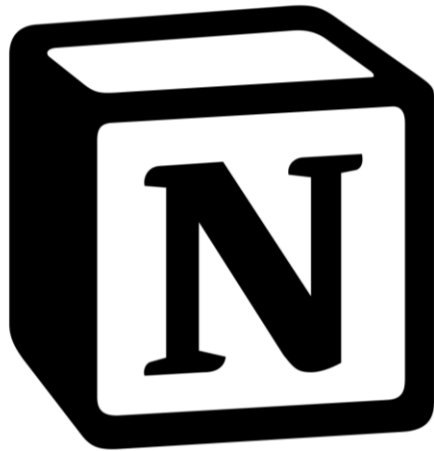
Other tools

# Note taking and ideation



- **Note Taking:** AI-powered note-taking tools can generate notes based on user input, providing a structured and organized record of meetings and discussions
- **Summarization Capabilities:** These tools can summarize meeting notes, highlighting key points, decisions, and action items
- **Organization and Tagging:** AI note-taking tools can organize, and tag notes based on key topics, making it easy to find and reference specific information
- **Idea Generation:** These tools can generate ideas based on user input, providing a starting point for brainstorming sessions

# Notion AI



Notion AI is a collection of integrated AI tools within Notion's collaborative workspace platform.

It offers a range of features that can assist users in various tasks such as summarizing lengthy text, generating blog post outlines and emails, creating action items from meeting notes, translating languages, finding synonyms and antonyms, checking grammar and spelling, and writing more creative content

<https://www.notion.so/>

# MyMemo AI



MyMemo is an AI-powered knowledge management tool designed to organize, analyze, and streamline access to personal digital knowledge.

It aggregates various types of content such as articles, links, screenshots, and videos into a unified platform, allowing users to retrieve and generate insights through natural language queries to a built-in AI, MemoAI.

It is particularly useful for researchers, content creators, and teams requiring efficient data handling and reflective learning.

[www.mymemo.ai](http://www.mymemo.ai)

# Content Creation



- **AI-Generated Content:** AI tools generate high-quality content, including blog posts, product descriptions, and marketing copy, at a rapid pace
- **Content Suggestions:** AI-powered content creation tools provide suggestions for content ideas, titles, and keywords
- **Content Editing:** Some tools offer AI-assisted editing capabilities to refine and improve content quality

# Jasper



# Jasper

Jasper AI is an AI writing tool designed to assist in creating various types of content such as blog posts, product descriptions, and marketing copy. It utilizes custom and dynamic AI language models to produce conversational and engaging content, facilitating easy user interaction.

## Key Features:

- Allows customization of the brand voice to reflect brand identity in the content generated.
- Provides a range of templates suitable for different types of content.
- Capable of generating both text and image content.
- Integrates with Surfer SEO to deliver SEO-optimized content.
- Offers immediate grammar and plagiarism checks.

[www.jasper.ai](http://www.jasper.ai)



# Anyword

Anyword is an AI writing platform tailored for marketing and sales teams, offering step-by-step guidance in content creation.

It employs a blend of pre-trained and fine-tuned models, including GPT-3, T5, to generate diverse types of marketing content.

## Key Features:

- Features a built-in blog wizard and SMS generator that provide guided content creation.
- Offers Predictive Performance Scores to evaluate content quality.
- Includes a custom model option to tailor the brand tone to specific content needs.
- Integrates with tools such as ChatGPT, Hubspot, and Notion to improve the writing process.

<https://anyword.com/>

# anyword

# Language Tools



- **Translation:** AI language tools offer accurate translations by understanding the context and nuances of different languages, ensuring clear and effective communication across language barriers.
- **Real-Time Feedback:** AI-powered grammar checkers and rewording tools provide instant feedback on grammar, spelling, and style errors
- **Context-Aware Suggestions:** These tools offer suggestions based on the context of the content, enhancing the overall quality of written content

# DeepL Translator



- Renowned for its translation quality, **DeepL Translator** applies neural networks to produce accurate and contextually appropriate translations.
- It focuses primarily on major global languages such as English, German, French, Spanish, Italian, Dutch, Polish, and Russian.
- The AI translation tool supports several languages and can handle complex sentence structures, resulting in translations that retain the original meaning and nuance.
- <https://www.deepl.com/translator>

# Grammarly



- Grammarly is a widely-used spelling and grammar checking application. It offers comprehensive features that enhance English proficiency, enable tone adjustments, and provide suggestions for simplifying complex phrases.
- The app is compatible with various platforms through its extensions and integrations, making it accessible in numerous text input areas.
- Additionally, it includes generative text capabilities, which are detailed in GrammarlyGO.
- <https://www.grammarly.com/>

# Transcription and Meeting Assistants



- **Real-Time Transcription:** AI-powered transcription tools can transcribe audio and video content in real-time, making them ideal for meetings and interviews
- **Meeting Summarization:** Some tools can summarize long meetings into shorter, more digestible formats

# Transcription and Meeting Assistants

- **Zoom's** lowest paid plan includes AI features such as transcription, smart chapters, and summaries. This package is suitable for users who do not require advanced options like conversation analytics or deep meeting search.
- **Microsoft Teams**, on the other hand, requires an additional Copilot Pro Business add-on for AI transcription and meeting notes, which must be used in conjunction with an active Microsoft 365 Business subscription.
- **Google Meet** provides transcription services only on its Workspace Business and Enterprise plans, without additional features for data search. However, the introduction of the Gemini AI add-on might expand these capabilities in the future.

# More Tools



**Fireflies**

<https://fireflies.ai/>



**AVOMA**

<https://www.avoma.com/>

**tl;dv**

<https://tldv.io/>

# THERE'S AN AI FOR THAT\*

12,458 AIs for 15,226 tasks and 4,804 jobs.

Powered by Lede (content generation).

105,507 searches today

Find AIs using AI




#1 AI aggregator. Updated daily. Used by 20M+ humans.


AIs For You


New AIs


Tasks For You


## Just Launched


 **Off/Script**  
Product development  
Free


 **Ink Studio AI**  
Tattoos  
from \$23.99/mo


 **Talefy**  
Interactive storytelling  
Free + from \$6.99 6


 **HyperBooth.Ai**  
Avatars  
Free + from \$10/mo 11 2

 **Stable Artisan**  
Image generation  
Free + from \$9/mo

 **Wordsmith Studio**  
Content generation  
From \$4.99 8

 **ResumeDive**  
Resume optimization  
Free + from \$17 14

 **Heenok**  
Content generation  
Free + from \$10/mo 8

 **Rizzed: AI Dating ...**  
Dating assistance  
Free + from \$2.99 5





Workshop Task

# Optimizing Daily Tasks with AI Tools

**Objective:** Learn how to enhance efficiency in everyday tasks using AI-powered tools

**Materials Needed:** Access to chatbot platforms (ChatGPT, Copilot, Gemini, Claude, etc).

**Choose a common task or problem you face daily that you think can be optimized using AI.** Example: Organizing emails, scheduling, etc.

**Pick an AI tool that fits the task you've chosen** (maybe a Chatbot).

**Test the Tool:** Use the AI tool to perform or optimize your selected task. Observe how the tool affects the efficiency and outcome of the task.

**Prepare to briefly describe your experience:**

What task did you choose?

Which AI tool did you use?

How did the tool help?